

**10A NCAC 13K .1104 DIETARY SERVICES**

- (a) The hospice shall develop and maintain written policies and procedures for dietary services.
- (b) Dietary services shall be provided directly or through written agreement with a food service company. Any written agreement shall meet the provisions of Rule .0505 of this Subchapter.
- (c) The hospice shall offer the residents' favorite foods in their diets.
- (d) The food service shall be planned and staffed to serve at least three meals throughout the day, timed to meet the needs of the residents. No more than 14 hours shall elapse between an evening meal which shall consist of three or more menu items, including a protein, and breakfast that includes a protein.
- (e) The hospice shall appoint a staff member trained or experienced in nutrition care services to:
  - (1) plan menus to meet the nutritional needs of the residents; and
  - (2) supervise meal preparation and service.
- (f) Therapeutic diets shall be prescribed by the physician and planned by a licensed dietitian/nutritionist or licensed nutritionist.
- (g) Between-meal snacks from the basic food groups shall be offered and be available on a 24-hour basis.
- (h) The procurement, storage, and refrigeration of food, refuse handling, and pest control shall comply with 15A NCAC 18A which are hereby incorporated by reference, including subsequent amendments, promulgated by the Commission for Public Health.

*History Note: Authority G.S. 131E-202;  
Eff. June 1, 1991;  
Readopted Eff. January 1, 2021.*